

AAP Nevada Chapter

Fall 2016



Letter from the President

Hello Colleagues,

It's time for the autumn edition of the quarterly newsletter. Time for pumpkin spice lattes, Charlie Brown Thanksgiving specials and the start of cold and flu season!

Over the past quarter, much has happened in our chapter! We had a successful annual meeting and our thanks goes out to all who attended. The venue at Switch Innevation was wonderful and the wide variety of speakers hopefully kept everyone engaged. I would like to take this opportunity to personally thank all of those who worked so hard to put together such a great meeting—in particular, Roberta Again, our wonderful executive director. With hot topic presentations on medical marijuana, working with transgender youth, physician wellness, and Zika virus, there was something for everyone to learn.

Keep in mind, we are open to any ideas you may have for future meetings. Please feel free to reach out to anyone on the executive committee to share your thoughts.

With fall, also comes the AAP NCE! This year's meeting is in beautiful San Francisco. If you have never been to a national NCE, this is the year to do it! These meetings are always jam packed with great speakers and amazing energy!

Please consider helping the Nevada Chapter and volunteering your special skill set. We welcome anyone with a desire to be active in chapter planning and activities. As always, thank you for serving the children of Nevada.

Yours in service,

Kami

Upcoming Events

Sunday, October 9, 8:30-9:30 AM (2nd Sunday of every month)

Walk with a Doc: Kids Time

Springs Preserve

October 22-25, 2016

AAP National Conference & Exhibition

San Francisco, CA

Saturday, November 5, 8:30 am - 3 pm

Evidence Based Breastfeeding Best Practices

Cooperative Extension
Lifelong Learning Center, Las Vegas, NV

Important Announcements

Please visit and like our new Facebook page:
www.facebook.com/

News from the Chapter

Walk with a Doc: Kids Time

Our chapter recently started a new program WWAD: Kids Time to help promote wellness and combat childhood obesity. WWAD is a national program that was created by Dr. David Sabgir, a board certified cardiologist. The mission of WWAD is "to encourage healthy physical activity in people of all ages, and reverse the consequences of a sedentary lifestyle in order to improve the health and well-being of the country."

The second Sunday of each month, we meet at the Springs Preserve and walk for an hour on the beautiful trails. Prior to the walk, there is a 5 minute talk on a healthy lifestyle topic.

We welcome everyone to come walk with us. If you need flyers to distribute at your office or if you would like to volunteer to give the talk, please contact us.

For more information, please visit our WWAD webpage: <http://walkwithadoc.org/our-locations/lasvegas/>.



Useful Websites

Nevada Chapter AAP

www.nevadaaap.org/

[www.facebook.com/
NevadaChapterAAP](https://www.facebook.com/NevadaChapterAAP)

American Academy of Pediatrics

www.aap.org

HealthyChildren.org

www.healthychildren.org

AAP National Conference and Exhibition 2016

<http://www.aapexperience.org/>

Chapter Officers

President – Kami Larsen

VP – Betsy Huang

Secretary/Treasurer – Pam Greenspon

Executive Director – Roberta Again

AAP Policy Corner

Recommendations for Prevention and Control of Influenza in Children, 2016–2017

Abstract:

The purpose of this statement is to update recommendations for the routine use of seasonal influenza vaccine and antiviral medications for the prevention and treatment of influenza in children. The AAP recommends annual seasonal influenza immunization for everyone 6 months and older, including children and adolescents. Highlights for the upcoming 2016–2017 season include the following:

1. Annual universal influenza immunization is indicated with either a trivalent or quadrivalent (no preference) inactivated vaccine.
2. The 2016–2017 influenza A (H3N2) vaccine strain differs from that contained in the 2015–2016 seasonal vaccines. The 2016–2017 influenza B vaccine strain (Victoria lineage) included in the trivalent vaccine differs from that contained in the 2015–2016 seasonal trivalent vaccines (Yamagata lineage).
 - a. Trivalent vaccine contains an A/California/7/2009 (H1N1) pdm09–like virus, an A/Hong Kong/4801/2014 (H3N2)–like virus, and a B/Brisbane/60/2008–like virus (B/Victoria lineage).
 - b. Quadrivalent vaccine contains an additional B virus (B/Phuket/3073/2013–like virus [B/Yamagata lineage]).
3. Quadrivalent live attenuated influenza vaccine (LAIV4) should not be used in any setting during the 2016–2017 influenza season in light of the evidence for poor effectiveness of LAIV4 in recent seasons, particularly against influenza A (H1N1) pdm09 viruses.
4. All children with egg allergy can receive influenza vaccine with no additional precautions from those of routine vaccinations.
5. All HCP should receive an annual influenza vaccine, a crucial step in preventing influenza and reducing health care–associated influenza infections. Because HCP may care for or live with people at high risk of influenza-related complications, it is especially important for them to get vaccinated annually.
6. Pediatricians should attempt to promptly identify children suspected of having influenza for rapid antiviral treatment, when indicated, to reduce morbidity and mortality.



Useful Websites

Nevada Chapter AAP

www.nevadaaap.org/

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For the full policy statement, please visit:
<http://pediatrics.aappublications.org/content/early/2016/09/01/peds.2016-2527>

Contact Us

Questions? Comments? Please contact us at nevadachapteraap@gmail.com